

MICHIGAN LONG-TERM CARE SUPPORTS AND SERVICES COMMISSION
Workgroup on Prevention

Thursday February 14, 2008

1:00-3:30 at the Washington Square Building Room 205

AGENDA

- I. Introductions
- II. Review notes, work from last meeting
- III. Overview of Presentation to the LTCSS Commission
 - a. Review Chronic Care model material
- IV. Overview of Mental Health's work on Wraparound Projects and the Caregiver Intervention Recommendations - Marci Cameron
- V. Update from Public Health – Judi Lyles
 - a. People with Disabilities Project
 - b. Health Promotion and Chronic Care
- VI. OSA
 - a. Older Americans Act and Family Caregiving funds
- VII. T-CARE – position paper discussion
- VIII. Follow-up
 - a. Resource Development within Long-Term Care Connections – a web-based system. Jane Church and RoAnne
- IX. Staffing this workgroup - RoAnne And Andy Farmer
- X. Set next meeting place and time.

HEATH PROMOTION, CHRONIC CARE MANAGEMENT AND CAREGIVER SUPPORTWORKGROUP

2/14/08

1-3:30 PM

WASHINGTON SQUARE BLDG, DOWNTOWN LANSING

I. Introductions

Present: RoAnne Chaney, Judy Lyles, Nora Barkey, Aaron Simonson, SueAnn McBrian, Marci Cameron, Sarah Szwejda, Sara Duris, Michael Moore, Ellen Weaver (and her intern, sorry I didn't get his name!). Cathy Backus is on the phone.

II. Review of notes accepted by the group. Sarah will be assisting with notetaking for this meeting.

III. RoAnne did a presentation on the workgroup to the LTCSS Commission - great job! She got lots of good feedback. The workgroup is trying to do lots of work here and it can be challenging. Marci is going to look at what Community Mental Health is doing around the issues we're looking at and get back to the group.

Chronic Care Model - 1/2 the US population has a chronic disease - this is a multifaceted issue. The chart in RoAnne's presentation is very helpful. Sara indicated the Commission was overwhelmed - where do we start, how do we staff this, etc. RoAnne said all workgroups are struggling with staffing at this point, with the exception of finance and workforce development. Sara asked about dividing people up to work on different issues and take that work back to the group. This group has 12 areas of concern right now. Judy indicated everyone struggles with this problem - in Asthma, they have - Project Teams - , among other things, which allows them to tackle multiple issues at once RoAnne - 2 main areas to focus on are caregiver support and health promotion. At the next meeting, let's go back to this and establish priorities and divide people into subgroups.

IV. Overview of Wraparound Projects and Caregiver Intervention Recommendations - Marci

- Michigan Dementia Coalition developed a plan in 2003. It was a 3 to 5 year plan with 5 goals. A workgroup was formed for each goal.
- Chart - Getting Things Done - 3 initiatives. Mental Health has Block Grants (federal \$\$) for caregivers to train-the-trainer - free for organizations and agencies. Also \$\$ for Dementia Training for Direct Care Workers. ADDGS Grant is 2005 thru September 2008 (most likely), thru OSA.
- CMH Block Grants last 2 years they come up for review every year. Funding goes to CMH, but they can collaborate (eg Marquette Alzheimer's Association runs the wraparound).
- Ideas? There is some \$\$ available talk to Marci with ?s about working with CMH and collaboration.
- Wraparound Initiative successful model on Children w/ multiple issues at risk for institutionalization using the model for Older Adults with Dementia and Challenging

Behaviors. Community and Family Teams are set up (family IS the client). Person-Centered. The family sets goals what will enhance the quality of life and delay or prevent institutionalization?

- There are four pilots working to sustain programming and collecting data. This is not married to CMH talking to OSA and trying lots of different avenues.
- If a family wants wraparound services, they can access it this is the goal.
- There is a SAMHSA Grant coming out Services for Older Adults. The Alzheimer's Association of Soutfield (Diane Leonard) is applying using a site in both Marquette and Detroit (rual and urban).
- The four pilots applying for funding are encouraged to expand beyond Dementia.
- RoAnne asked about the nature of the plans and resource limitations. Marci explained sometimes the family needs help with structure (eg helping feuding siblings work together), or setting up communications and care for the client (who does what). Everyday needs are addressed, as well as things like finding a 1st language speaker so the client can converse in the language they're most comfortable in. The biggest demand is still for respite care.

Caregiver Support Workgroup there needs to be caregiver assessments for people with Dementia. RoAnne distributed the paper, Research Based Recommendations for Effective Caregiver Intereventions to coalition. Nora commented on its comprehensiveness.

There is a Nusing Home Diversion Project meeting Thursday. Wendy Middleton from OSA staffs this project?

Demetia Coalition - Public Awareness billboards. Targeted to people who are just thinking about these issues.

Sara described Alheimer's website: www.worriedaboutmemoryloss.com - there's just enough \$\$ to maintain the website right now.

Marci announced a press release for Respite Program with meaningful activities.

Dementia Coalition Caregivers Support workgroup next meeting is 6/17/08 in Howell at the Intermediate School District at 12:00 noon. Anyone is welcome to come.

Sara Alzheimer's funding is very piecemeal. Marci would like to see wraparound funded by a system, not just grants. Aaron said Senior Centers need numbers for funding; there's lots of fucus on urban and very rual areas, but places like Monroe are left out. Judy agreed, Lansing is often left out as well. RoAnne said pilots are often done in urban and rual areas and then never go anywhere. Nora said wraparound is needed for community coalitions.

V. Judy Lyles - Public Health Update. People with Disabilities Project

A. Convening in April, with a symposium beforehand. There is a need for understanding barriers. Four areas:

- 1) access to care and screening
- 2) health system response improvement
- 3) self management, risk reduction
- 4) integration into existing programs

B. Health Promotion and Chronic Care

RoAnne asked about the Primary Care Initiative - will talk about next meeting. Judy – pilots in primary care practices will check about this.

Judy - Arthritis section has Evidence Based Programs - focus on problem solving.

www.mipath.org is still under development.

Question about linking to www.mipath.org . Also looking at Physical Activity Programs and partnering with YMCA's in Lansing and then expanding. Aaron - this is a perfect fit for Senior Centers; Michigan is lagging behind in this area. There should also be Health Aging centers for Long-Term Living. Judy: YMCA is just a mechanism; there is hope to expand to senior centers. Ellen - would also like to see CIL's included.

Judy will talk to Tom Wyle from AAA 1B and work with the Monroe Senior Center to implement this program.

VI. OSA - Family Caregiving Funds to AAA's

Cathy - Out of Home Respite Program. Four Adult Foster Care Homes and Two Homes for the Aged.

VII. T-CARE Paper Nora - assessment tools tie to appropriate intervention.

Not focused solely on Medicaid families. People who get the usual care vs. T-CARE.

RoAnne - this group needs to be able to make recommendations. The numbers are scary when you look 25 years ahead. Informal Caregivers will be vital.

VIII. Long-Term Care Connections website - Jane is not yet doing the chronic care portion yet.

Marci: Geriatric Education Center of Michigan received a 3 year grant, wherein geriatric teams give physician education on four topics:

- 1) Physical functioning
- 2) Mental Health
- 3) Dementia
- 4) Caregiver Support

Teams go throughout the State - academic detailing is one option. Roll Out in March of 2008 out of MSU. RoAnne - like to see something like this for Access Issues for people with disabilities.

Marci - scheduling the meet times is the biggest challenge right now.

IX. Staffing this workgroup to be discussed next meeting

NEXT MEETING _ APRIL 10TH, 2008 (2ND THURSDAY IN APRIL), 1-3:30 PM (SAME TIME)